



Long Beach Singles Yacht Club
"The Single Sailors"

BOSUN'S PIPE

We're having fun at sea. No boat needed. We have the boats.



Volume 2020 Issue 08
August 2020



Nature's Teenagers

SCUTTLEBUTT

CURRENT EVENTS As we struggle with the Covid-19 virus rules, quarantines, mask rules and other impediments, at least so far we have been reasonably healthy, with a couple of exceptions. Since the summer is slipping away with out any activities, so far, it is time for us to get out and about. If you happen to be able to get to Catalina, it is running on about the same rules as Long Beach with outside dining only. I'm not sure if they will let anyone have a picnic.

If you have the urge to get away, you might try a road trip and see the sights. VC Jill got away over the 4th weekend and had a good time at a lake up north and also visited the Redwoods. See her report. 2 Pics on page 5.

We live in a beautiful state and there are many sights to see that are not real far away. Big Bear, the Desert, Sequoia Nat. Park, are just a few. Vegas is not real far, although the drive can be a bit unfriendly. Get away and have fun, but do it safely.

If any of you do get away and do a road trip, get some pics and tell us what you did.

I'm not going to do my often August trip back to Indiana to see family and friends. That's also where I've been sailing at my sister's lake house. At least I've been able to go sailing on the lake, if there is wind there. I'm just not up to flying in big germ can for now.

CRAB POT UPDATE or Good News and Bad News. The Crab Pot currently is with limited capacity with the 6 foot rule in ef-

fect. There is no seating at the bar and all food, beverages must be ordered from the Servers. Currently, you enter thru the side door from the parking lot and wait to be seated. Under current CA rules, you have to order food with drinks. The inside is not being used currently. The outside bar and dining areas have tables 6 feet apart. Any place you go in Long Beach, you will have to eat outside. Hopefully, the separation thing will soon go away and not soon enough. The mask thing is going to be with us for a while. Just wear it!

STILL A PARTY THOUGHT: I think soon, we might want to consider a party in a picnic area or park and bring your own chairs, food, beverages in a modified way of what we do for a dock party? It would have to be a place that we can have alcohol or get away with it. Currently, Auslich Ski Club has their monthly Tues. gatherings at the Colorado Lagoon. They've used that place for quite a while. Parking is good there. This is just an idea to get a gathering together since dock parties are out for a month or two or ?? more. We'd still need masks and separations, but something is better than nothing. **Your thoughts?**

NOTE: BRUCE CLARK was in the hospital with non-virus related problems. He is now home and doing well.

BOLSA CHICA WETLANDS had a brush fire Sunday, July 26th at about 4pm. It burned about 6.5 acres. Realistically, it is much needed brush clearance of the often head high brush. That could be done in sections to alleviate some of the danger to homes on the bluff and critters. *Dave*

AUGUST BIRTHDAYS

LEO

1. David Czaplicki
4. Jill Beideman
13. Stan Rubin
18. Joyce Jackson-Coomber
22. Dick Johnson



VIRGO

30. George Demos

CORONA VIRUS

CDC RECOMMENDATIONS

SYMPTOMS:

- **FEVER**
- **COUGH**
- **SHORTNESS OF BREATH** Can't hold breath for 10 seconds of more

OTHER SYMPTOMS MAY INCLUDE:

- Loss of taste or smell
- Itching in non normal places

WHEN TO SEEK MEDICAL ATTENTION

If you develop Emergency warning signs for Covid-19 get medical attention immediately. Emergency Warning Signs include but not limited to:

- **TROUBLE BREATHING**
- **PERSISTENT PAIN OR PRESSURE IN THE CHEST**
- **NEW CONFUSION OR INABILITY TO AROUSE**
- **BLUISH LIPS OR FACE**

Consult you medical provider for any other symptoms that are severe or concerning or to get tested if you feel ill.

THINGS THAT HELP

- **SCRATCHY THROAT?** Warm liquids — soup, tea. Gargle with warm salt water or Listerine.
- Wash hands often with Soap and warm water for 20 sec.'s or use hand sanitizer.
- Disinfect hard surfaces
- Take off or disinfect shoes, clothes after going out to grocery, etc.
- Use grocery supplied bags. Many stores now will not allow your reusable bags & only their bags. Staters is now selling their bags again and say that you can now bring your reusable bags as of Sat. June 27th. A safer option might be to take the groceries in the cart to you car and put them into your cleaned bags, unless you don't mind paying for bags. Trader Joes has bag tables outside to leave your bags on until you check out.

Wear your masks when out and about !

FROM THE COMMODORE,

Ahoy Mates,

We seem to be heading in wrong direction again with rising number of Virus cases. Please stay safe and we shall overcome this someday soon I hope. I hope you have found something to keep you from going crazy. One thing that doesn't help is watching TV. If the commercials don't get you the gloom and doom will. Our club is still paying its bills with no income coming in and the bank is hitting us for monthly fees. If you want to help keep us afloat, you can send in your annual dues and we will put your membership date to start when we get back to meeting time. We would like to plan a picnic in the park and even whale watching when we come to safe times again. Fare winds and Following seas.



Shipmates forever

William Anast

FROM THE VICE-COMMODORE

Hello Shipmates,

Well, the last article I spoke of going to Pine Flat Lake. It was a fun weekend of good friends, warm weather, warm water, water skiing (haven't single skied in 15 years), jet skiing, BBQ's and games. I look forward to a return trip!



Last week I was up in the Norcal Redwoods visiting my son. Exploring the redwood coast is an astonishing experience. A lot of hiking and "Forest Bathing". According to Time Magazine, in Japan "Shinrin-yoku" or "forest bathing" is great for your health. It is simply being in the forest atmosphere and connecting with it through our senses, savoring the sounds, smells, feelings, and sights of nature. There are numerous studies on the health benefits, such as decreased stress, blood pressure, depression, anxiety, fatigue and increased relaxation and energy. You can forest bathe anywhere in the world- wherever there are trees! I look forward to returning to the redwoods in the fall.

I hope you all are safe and well. I'm hopeful that things will return to semi-normal in the near future.

Take care and stay well,

Jill Beideman

FROM THE REAR-COMMODORE

To Fellow Sailors and Partiers,

Friday, July 31st, marks 19 weeks since the stay at home order started. Holidays come and go and along with other celebrations, but most of us don't get to celebrate them.



Masks and handwashing/sanitizing are not troublesome, but no gatherings of people is a bother.

I'm sure everyone will rejoice like the end of WWII when vaccines that work are in widespread use. Governors will lift the no gathering rule, but life will never be like it was before March 13, 2020.

So far, we can still gather in small groups at outdoor restaurants.

Your sailor friend,

Karen R

LBSYC

Member SCYA

Founded by Gary Severns, 1985

2020 Flag Officers, Directors, Committee Chairs

COMMODORE	Bill Anast	714-235-4809
VICE COMMODORE	Jill Beideman	714-357-4886
Orientation Greeters Birthday cards Ways & Means Programs	Doris Morrissey	
REAR COMMODORE	Karen Rademaker	714-633-4026
MEMBERSHIP	Melba Conde	562-688-6902
Recruiting		
JR STAFF COMMODORE	Bruce Clark	714-501-1588
PORT CAPTAIN	Wendell Fleming	562-537-4973
Spokeswoman Special Events	Karen Rademaker	
FLEET CAPTAIN	Ruth Czaplicki	714-932-7325
Cruising Racing Training		
SECRETARY	Doris Morrissey	714-315-2756
TREASURER	Kathy Ellis	714-897-1992
50 / 50 Drawing Merchandise	Maria Bogart	
MEMBER AT LARGE	Dave Ferling	714-743-9125
Directory Webmaster Newsletter	Dave Ferling Dave Ferling " "	

THE BOSUN'S PIPE is a monthly publication of *Long Beach Singles Yacht Club*. Address: LBSYC, PO Box 41341, Long Beach, CA 90853. Editor: Dave Ferling. E-mail address: LBSYC@LBSYC.org., or drferling@earthlink.net Submission Deadline, 20th of each month. All articles will be edited for content, grammar, and punctuation.

FROM THE FLEET CAPTAIN

Ahoy,

When do you use "Ahoy"? It can be used as a greeting, warning, & a farewell in maritime context. Who suggested "Ahoy"? It was Alexander Graham Bell before Thomas Edison suggested we use "hello", which we use most often.



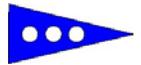
Sailing Solution ('86 Catalina 27) has been keeping us busy! We are updating some of her items with Catalina Direct and learning more about the equipment that came with her. We just learned, Catalina only built a 100 of the tall rig with her cabin setup. That is exciting to know!

For those interested in outdoor activities during Covid19, please contact me, your Fleet Captain by phone or email. Come Sail Away.

Ruth



AUGUST (SUBJECT TO CHANGE)



SUN	MON	TUE	WED	THU	FRI	SAT
<p>All Meetings & Functions are subject to cancelling or postponement due to the virus. The Crab Pot has re-opened. Meetings resume, when it is safe to have them, which may take time.</p>					<p>HAPPY HOUR </p>	<p>1 </p>
2	3	4	5	6	<p>7 HAPPY HOUR </p>	8
9	10	<p>11 MEETING</p>	12	13	<p>14 HAPPY HOUR </p>	15
16	17	<p>18 </p>	19	20	<p>21 HAPPY HOUR </p>	<p>22 </p>
<p>23</p> <p>30</p>	<p>24 </p> <p>31</p>	<p>25 MEETING</p>	26	27	<p>28 HAPPY HOUR </p>	<p>29 </p>

11, MEETING, 2ND TUESDAY CRAB POT

Members,
6:30 PM: Social hour,
7:15: Skipper's meeting
7:15: New people orientation
7:30 Meeting host, **BILL ANAST**
7:45, SPEAKER: TBA

25, MEETING, 4TH TUESDAY CRAB POT

Members,
6:30 PM: Social hour,
7:15: Skipper's meeting
7:15 New people orientation
7:30 Meeting host, **BILL ANAST**
7:45 SPEAKER: TBA

24, BOARD MEETING, 7 PM, ??

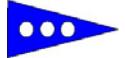
WE ARE LOOKING FOR PARTY HOMES. If you are interested in hosting a party at your home or party room that allows alcohol, Please contact Wendell 562-537-4973

HAPPY HOUR AT THE CRAB POT, 5 PM Alami-tos Bay, Crab Pot Rest. Next to Dock 3. Discounted drinks and food. Happy hour runs from 2-7pm .Mon-Fri.





SEPTEMBER 2020 (SUBJECT TO CHANGE)



SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4 HAPPY HOUR	5
6	7 LABOR DAY	8 MEETING?	9	10	11 HAPPY HOUR	12
13	14	15	16	17	18 HAPPY HOUR	19
20	21 BOARD MEETING?	22 MEETING?	23	24	25 HAPPY HOUR	26
27	28	29	30		HAPPY HOUR	

All Meetings & Functions are subject to cancelling or postponement due to the virus. The Crab Pot has re-opened. Meetings resume, when it is safe to have them.

DOCK PARTIES WILL BE SCHEDULED WHEN THE MARINA SAYS IT IS OK TO DO SO.

21, BOARD MEETING, 7 PM, ???



8, MEETING, 2ND TUESDAY CRAB POT

Members.
 6:30 PM: Social hour,
 7:15: Skipper's meeting
 7:15: New people orientation
 7:30: Meeting host, **BILL ANAST**
 7:45: **SPEAKER: TBA**

22, MEETING, 4TH TUESDAY CRAB POT

Members.
 6:30 PM: Social hour,
 7:15: Skipper's meeting
 7:15: New people orientation
 7:30 Meeting; host, **BILL ANAST**
 7:45, **PROGRAM: TBA**

ANY FRI, HAPPY HOUR AT THE CRAB POT, 5

PM ?? Alamitos Bay, Crab Pot Rest. Next to Dock 3. Discounted drinks and food. Happy hour runs from 2-7pm. Mon-Fri.





WHALE WATCHING

We're going Whale Watching out of Davey's Locker in Newport Beach. Just when is to be decided. Late August is a possibility. We need to safely get out and about. The boats are running at half capacity for Covid rules. There are many other whale species than Gray Whales that transit the area. Blues, Orcas, Humpbacks and several others plus Lots of Dolphins.

Your Groupon Coupons are good for a year after you purchased them.

I'll be checking with Davy's Locker and see what the activity has been and what to expect. If it has been slow, we may have to wait until the end of the year or the early next year.



Above: Jill in the Redwoods

Rt: Jill's son Shaun in the Redwoods



This July Vice Commodore Jill traveled to NorCal and got away for a few days. See her comments on Page 2. If we can't go boating, go some place if you can. It helps to get away.



WELCOME to LBSYC, Long Beach Singles Yacht Club (formerly LBSSA). Couples welcome. Our club is a volunteer organization to promote sailing and socializing. Membership is approximately **30% boat owners** (sail and power) and **70% crew**. Meetings are on the **2nd and 4th Tuesdays** of each month at **7:30 pm** (see map) Happy Hour 2:30-7pm. **New Members Welcome !**

The Crab Pot

215 N. Marina Drive

Long Beach, CA 90803

Social Hour: 6:30—7:30 pm

Newcomers Orientation, 7:15 pm

General Meeting, 7:30

Program, 7:45 pm

End of meeting, Approx. 8:30 pm

After the meeting we socialize in the bar.

We encourage skippers to post "crew wanted" lists for day sails or club events. **All are welcome**

No experience needed.

No boat needed.

So what is needed?

Be over 21 and have a desire to sail and have fun.

Website: WWW.LBSYC.Org

This newsletter is always available on the website @ Events/Bosuns Box.

OVER THE SIDE

Joseph W. Rogers



I'll have a diet Coke.

NOTABLE QUOTES:

Live in the sunshine, swim the sea, drink the wild air.

— Ralph Waldo Emerson (1803 - 1882)

Bruce Clark, Commodore
 Long Beach Singles Yacht Club
 PO Box 41341
 Long Beach, CA 90853

